

PRESSURED TO ABORT, MICHELLE MADE A RARE DECISION:



Written by Gayle Irwin

Faced with an unexpected pregnancy, Michelle chose a path precious few women take. Hoping to help her son thrive in a loving family, Michelle made the choice to create an adoption plan. "I wanted my child to have a mom and a dad," she said.

Michelle walked through the doors of True Care in February 2016. New to the community, she searched online for an ob-gyn, but couldn't find a provider due to her financial situation.

True Care, however, was listed as the third result under "ob-gyn." We provided what she needed when she needed it: verification of her pregnancy through ultrasound, an options consultation, and community resources.

"True Care saved me time—everything I needed was right there," Michelle said. "They determined the due date with an ultrasound,

helped me make my decision, and gave me support and resources. Being new to town, all of that was so important, so helpful. I didn't have to run around town to try to find places and agencies I needed.

"All my questions were answered, and everyone was very nurturing, compassionate, and non-judgmental. They prayed with me because I was a total basket case. I shed a lot of tears that day, both happy and sad."

Though the father of her baby was pressuring her to abort, and Michelle was considering abortion as her only way out, the visit to True Care, and the relationship that followed, helped her see she wasn't alone, and abortion was by no means her only choice. "I was informed on my options and I was also educated on abortion," Michelle said. "Abortion clinics will not educate a woman on the side-effects; it's a lot more than a termination of pregnancy."

Michelle was about seven weeks along when she came to True Care. The father left her when she refused to abort, and she had no local emotional or financial support. Through True Care's Early KinCare Program, Michelle signed up for Medicaid and sorted through her emotions, processing her situation and options.

"I knew I could live with adoption, not abortion—I knew I'd regret it," said Michelle, also the mother of a 2-year-old and a 14-year-old. "When I knew there were other couples who wanted to adopt, I decided that was a big blessing I could give somebody."

The staff at True Care became Michelle's steady anchor during the waves of uncertainty. "I don't care how strong a woman thinks she is, this (decision) is hard," she said. "I appreciate the follow-up True Care does. They are still my support. They have helped me in so many ways, even if it's just someone to talk to."

During the summer of 2016, she met with a representative from a licensed adoption agency, ultimately choosing a couple who lives in another state. "They had tried for years to have a baby," she said. "I knew I could give them a gift."

The baby boy was born in the fall. Michelle admits the emotions have been challenging. "I have no regrets, but I do miss him," she said. "Prayer and faith give me strength."

Since the birth and adoption of her son, Michelle has been finding ways to re-engage with her family and community. She attends counseling and she is searching for a job, as well as a church. She spends quality time with her two children, and since she chose an open adoption, she receives photos from the adoptive parents of her youngest son and will stay in contact with him and his family as he grows.

As one of just 20,000 U.S. - born babies placed for adoption each year, Michelle, and the staff at True Care, hope her story can help other moms make the life-affirming choice of adoption in an unexpected pregnancy. "You're not always prepared for the emotions," Michelle said. "Be prepared to not be prepared, and that's okay. It's a process."

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Enhancing Trust

True Care Women's Resource Center

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307-472-2810

TrueCareCasper.com (patient website) • TrueCareGiving.net (donor website)

True Care

Women's Resource Center

Progress Report 2016



numbers

HERE'S WHAT WE ACCOMPLISHED IN 2016:

- Two-hundred-fifteen lives were saved.
- The Gospel was presented more than 200 times.
- Introduced more than 90 new people through True Care through a Vision Tour (a one-hour tour of True Care from the patient's perspective.)
- Sara Beer, RN, joined our team of nurses and was trained in limited obstetrical ultrasound. Sara replaces staff nurse, Amber Zimmer, who is now a nurse midwife and has started her own practice.

LOOKING FORWARD

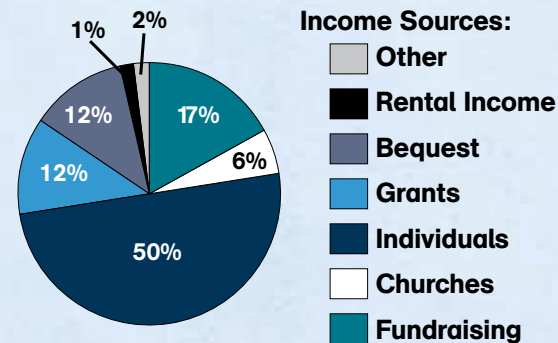
- Abortion Pill Reversal:** We will soon be adding a new service to women in our community who have started a chemical abortion but then change their minds. The success rate is about 55% if these patients are treated within 72 hours of taking the abortion pill. We are excited about this opportunity to save even more lives!
- Reaching the Fathers:** exploring ways to reach out to the fathers of the babies by partnering with other organizations and churches in the community.
- Social Media:** working to increase our presence on social media by hiring a current staff member to write blogs and posts on our patient and donor Facebook pages as well as "tweet" on Twitter. Our Facebook pages are: TrueCareWomen'sResourceCenter and ProLifeCasper.
- Abortion Recovery:** exploring ways to expand this program through a community referral group made up of men and women who have experienced abortion and have also experienced forgiveness and healing in Christ.



FINANCES

Income Sources

Fundraising.....	\$ 97,426.00
Churches.....	\$ 32,549.00
Individuals.....	\$289,783.00
Grants.....	\$ 71,363.00
Bequest.....	\$ 72,691.00
Rental Income.....	\$ 8,660.00
Other.....	\$ 9,780.00



Total Expenses \$522,963.00



MISSION:

To erase the perceived need for abortion in our community through effectively serving pregnant, at-risk women transforming their fears into confidence in the future. We exist to reach out to the unborn Child and Mother, and those they influence, with the life-changing love of Jesus Christ.

I have set before you life and death, blessing and cursing; therefore choose life, that both you and your descendants may live; that you may love the Lord your God.
— Deuteronomy 30:19-20

VISION:

Reaching the right women, at the right time and serving them in the right way for the greatest possible gain on behalf of patients, babies, staff, donors, the organization, the community and God.

WHY WE GIVE TO TRUE CARE:

We continue to support True Care because of their loving approach to motherhood. All women who enter True Care are treated with dignity and provided testing and informational materials at no cost. Because of this approach to unplanned pregnancy, they are saving one mother and baby at a time. We hope and pray that the support will continue to grow so that no woman will ever be denied this care.

— Tom and Marilyn Crull

"A very dear friend of ours is a Christian counselor and the best advice she ever gave us when making a difficult decision is to gather ALL the facts before you decide. We believe True Care helps abortion vulnerable women do just that. Abortion vulnerable woman can have a chance to see their baby and make a decision on what to do with their crisis pregnancy. We believe and continually pray that when seeing their unborn child, women will choose life. That is a big reason why we give to True Care, because women can come in and when possible receive a free ultrasound. We believe that those ultrasounds are saving lives. Of course free to the patient doesn't mean free to True Care. It takes financial support to be able to offer their services. Dean and I believe we have the easy job, giving monthly, True Care staff is on the front line fighting for the sanctity of human life. We plan to give to True Care as long as the Lord allows."

— Dean and Teresa Dick

OPPORTUNITIES FOR INVOLVEMENT:

Individuals:

- Prayer:** Go to TrueCareGiving.net for more information.
- Introduce Others:** invite family, friends and associates to a True Care Vision Tour, a one hour tour of the Center from the patient's perspective.
- Volunteer:** become a part of our team by working with patients or behind the scenes. You are needed!
- Give:** become a monthly partner. To give a monthly gift via electronic funds transfer call Lilly at 472-2810. Visit TrueCareGiving.net to set up your monthly gift via credit card.
- Donate** new baby items for the layettes we give to patients when they bring their babies in to meet us.
- Leave a legacy:** become a member of the Future Care Fellowship, a group of folks who have made plans to give a gift to this ministry through a bequest in their will or in some other way. For more information see your tax and/or legal advisor. Our legal name is The Caring Center, Inc and our tax ID number is 74-2458697.

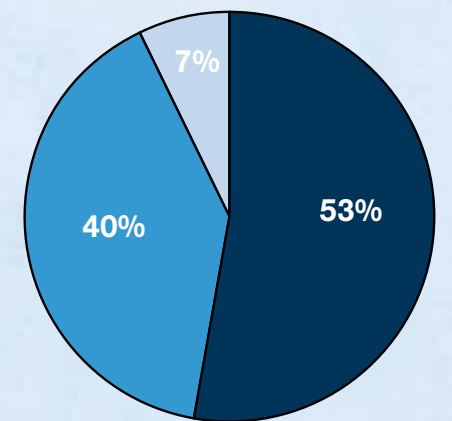
Churches:

- Host a Vision Tour** for your community or Bible study group.
- Host a baby shower** to stock our shelves with layette items.
- Invite a True Care speaker** to your community group or youth group.
- Participate** in Sanctity of Human Life Sunday and the Baby Bottle Boomerang. Go to TrueCareGiving.net for more information.
- Tell** folks from your church about how to become involved in our annual Walk for Life, held in late May/early June.



PATIENT STATISTICS:

Pregnancy Tests Performed.....	346
Patients with a Positive Test.....	291
At-Risk Patients:	
Abortion Vulnerable.....	155
Abortion Minded/Determined.....	115
Baby and Me Program Participants.....	90
Abortion Recovery Program Participants.....	3
Sexual Integrity Program Participants.....	31
Resource Program Participants.....	114
Babies Saved.....	215



At-Risk Patients:

- Carry to Term
- Abortion Minded/Determined
- Abortion Vulnerable